

Simple Toe Up Sox on 2 Circular Needles

Designed using The Sole Solution – Sock Design Software Copyright 2002 Personal use only

Construction: Toe Up with 2 needles.
Gauge: 9 stitches per inch
Total Stitches: 72
Rib Stitches: 72; Rib Repeat: 3 sts.
Heel Style: Flap/Standard;
Width: Standard; Stitch: SI 1 K 1
Toe Style: Short Row; Toe Shape: Standard
Needle Size: US 1.5 / 2.50 mm
Materials: 100g fingering weight yarn. The socks in the photo were knit with Opal Mexiko.



This pattern is designed for knitting socks on two circular needles using The Sole Solution sock design software. It's a very simple pattern which would be great for people who are just learning the technique of knitting 2 socks on 2 circular needles.

Pattern:

Short Row Toe Up Cast On:

Using waste yarn cast on 36 stitches using any provisional cast on technique. With this method, your knitting forms a "cup" or pocket around your toes.

Begin Short Row Shaping:

Row 1: Knit across stitches until the last stitch, yarn forward, slip the next stitch as if to purl, yarn back, slip the wrapped stitch back to the left needle. Turn. The last stitch is now wrapped, on the right hand needle and remains unworked.

Row 2: Purl across row until the last stitch, yarn back, turn. The last stitch is now wrapped, on the right hand needle and remains unworked.

Row 3: Knit across the row until the stitch before the last wrapped stitch, yarn forward, slip the next stitch as if to purl, yarn back, slip the wrapped stitch back to the left needle. Turn.

Row 4: Purl across to the stitch before the last wrapped stitch, slip the next stitch, yarn back, return the slipped stitch to your left needle, yarn forward. Turn.

Repeat Rows 3 and 4 until 12 stitches remain unwrapped. End ready for a right side row.

Reverse Short Row Shaping:

NOTE: You will find your short rows will be more attractive if you slip the wrap up and over the stitch before knitting it together with the stitch.

Row 1: Knit across to the next wrapped stitch. Knit the stitch together with the wrap. Next: Bring your yarn forward, slip the next stitch as if to purl, yarn back, slip the wrapped stitch back to the left needle, turn. This stitch now has two wraps.

Row 2: Purl across to the next wrapped stitch. Purl the stitch together with the wrap, yarn back, slip the next stitch to your right needle, yarn forward, return the stitch to your left needle. Turn.

For the rest of the shaping you will be adding a second wrap to each stitch.

Repeat rows 1 and 2 until you have worked all the wrapped stitches. Be sure to slip both wraps

over the stitch before knitting them together with the wrapped stitch.

Begin Knitting Circularly:

With the knit side facing you, knit 18 stitches. Mark the next stitch as the beginning of your rounds. Knit across the remaining stitches. This is Needle 1.

Next, unzip your provisional cast on and place the stitches on a needle. With a new needle knit across all the stitches. This is Needle 2.

You now have 72 stitches, (36, 36)

Begin Foot:

Continue knitting on 72 stitches until your sock reaches the point where your leg connects to your foot. If desired, knit for an additional one-half inch to allow for ease.

Begin Heel:

NOTE: Heel is worked in rows on 36 stitches. Knitting the heel this way may seem a little 'odd' at first. The heel flap you would normally expect to have at the back of your heel runs under your foot with this method. Once you have knit the heel flap and turned the heel you can begin working the heel stitch pattern.

Heel Bottom Pattern:

Row 1 Slip 1, knit across

Row 2 Slip 1, purl across

Work in heel bottom pattern until you have 36 heel flap rows. Be sure to try your sock on. If your ankle is particularly deep you may need to add additional heel flap rows.

End with a purl row.

Turn Heel as Follows:

Row 1: Sl 1, K18 sts, K2 tog, K1 turn

Row 2: Sl 1, P5 sts, P2 tog, P1, turn

Row 3: Sl 1, K6, K2 tog, K1, turn

Row 4: Sl 1, P7, P2 tog, P1, turn

Repeat rows 3 and 4, increasing 1 additional K or P stitch after the Sl 1 until all side stitches are consumed. End with a purl row.

Gusset:

Rnd 1: With needle 1, knit across heel flap. Pick up and knit 18 stitches from the side of the heel flap plus knit one stitch in the gusset corner. Knit in pattern across needle 2.

Rnd 2: Using a spare needle, pick up one stitch in the gusset corner and 18 stitches from the side of the heel flap. Using needle 1, knit these stitches. Knit the remaining stitches on needle 1 and knit in pattern across needle 2. Stitch count is (59, 36) respectively.

Gusset Decrease and Heel Back Patterning:

Place markers after the 12 stitch and after the 48 on needle 1 to denote the edge of the heel flap and heel back patterning. You should have 36 stitches between the markers.

Heel Pattern:

Rnd 1 *Slip 1, k1 repeat across from *

Rnd 2 Knit

Rnd 1:

Needle 1: K1, SSK, knit until marker. Work in heel heel pattern to next marker, knit until the last 3 stitches k2 tog, k1.

Needle 2: Work in pattern around.

Rnd 2:

Needle 1: Work heel pattern between markers and knit the remaining needle 1 stitches.

Needle 2: Work in instep pattern.

Repeat heel pattern rounds on heel stitches and stitch motif rounds on instep stitches until total stitches equal 72. Transfer stitches as necessary so that you have returned to your original stitch placement. (36, 36)

Begin Sock Leg and Rib:

Beginning with Needle 1 continue knitting in stockinette until your sock leg has reached your desired height. Stitches total 72.

Knit 10 rows in K2, p1 ribbing

Knit 10 rows in P2, k1 ribbing

Knit 10 rows in K2, p1 ribbing

When ribbing is approximately 2 inches or desired height, cast off loosely in rib.